

A smile to change your life

- **Spain has become an international reference for those people with severe dental atrophies**
- **The so-called zygomatic implant is currently the unique solution**
- **Davo Institute, in the Costa Blanca region, is the first centre in Europe and the second in the world performing this technique**
- **Most patients are back to normal in just a few days**

London, 7 May 2013. Thousands of people from all over the world – many of them British - are travelling to Spain to find a solution to their oral health problems. The Costa Blanca region, where the Davo Institute is located, has become an international leader for patients with severe dental problems.

Davo Institute is a member of Mediterranean Healthcare Group, which helps patients manage the whole process, including the travelling, the accommodation and the appointments with the doctors.

Over 50% of the European population may suffer from some form of periodontitis and over 10% may have severe disease, with the rate increasing to 70-85% for those aged 60-65 or over, according to the World Health Organisation.

In the UK, more than a third of the population, which represents many millions of people, show signs of tooth decay and even 6% of the population is edentate (have no natural teeth), as reported in the *Adult Dental Health Survey* published by the Health and Social Care Information Centre in 2011.

Those who have severe disease and have lost most of their teeth might also suffer from significant atrophy of the jawbone, making it impossible to use traditional rehabilitation methods.

The zygomatic implant procedure, which uses the dense cheek bone, represents a unique alternative for these patients and it enables them to recover their quality of life immediately.

“Losing your teeth has a devastating effect on individuals. Not only aesthetically or for practical functionality but also and especially psychologically. Our main goal is to help them get their life back”, said Dr. Davo, Davo Institute’s Director.

What is the zygomatic implant?

Some people develop an atrophy of the maxillary bone structure. Age is one of the main reasons but also there are some diseases that reduce the density of the maxilla, such as cardiopathies or kidney diseases. As a consequence, the bone

cannot hold the implants or, in the best case, the implants are only functional for a very short period of time.

Therefore, the “zygomatic implant with immediate function” is an effective alternative to traditional regenerative approaches to the treatment of atrophy of the maxilla, with a 98.5% rate of overall success. It is anchored in the cheek bone, whose density is not affected by age or any other factors, and it allows doctors to implant fixed teeth within 24 hours after surgery.

The process has two phases. The first phase includes the initial consultations, analysis and surgery. Patients need to stay in Alicante for one or two weeks – depending on the individual’s circumstances - and afterwards they can return home with fixed teeth and ready to go back to work and have a normal life.

The second phase takes place four months after having undergone surgery. The doctor will proceed to implant the definitive prosthesis to the patient followed by weekly check-ups for one month.

Davo Institute, a safe option

The zygomatic implant is fast and painless but, above all, is safe, especially at the Davo Institute. It is one of the few dental clinics located within a hospital, Medimar International Hospital, which enables patients who are also suffering from chronic diseases, such as a heart or kidney conditions as well as those who are taking anticoagulants, to still undergo dental surgery.

“Our aim is to treat patients who have been told that there is no solution to their dental problems and improve their quality of life immediately. The fact that we can rely on the resources of Medimar International Hospital makes us a reliable and safe place for those patients suffering from complex pathologies. We can guarantee them a proper treatment for their other conditions while receiving zygomatic implants”, assured Dr. Davo.

Davo Institute has been a pioneer in the zygomatic implant with immediate function. It has been the first centre in Europe and the second in the world to perform this technique. Nowadays it is an international leader in the field, with around 15% of their patients coming from abroad.

Safety, reliability and expertise are the main reasons highlighted by those who decide to receive the treatment in Spain, along with the low cost of travel and prices far more competitive than in the rest of Europe.

NOTES to Editors:

About Davo Institute

Davo Institute is an oral clinic and part of the Medimar International Hospital, located in Alicante, Spain.

It is the first clinic in Europe and the second in the world where the zygomatic implant process has been performed. They have become an international reference in this field, training hundreds of professionals every year coming from all over the world. Also, they have recently developed the technique for the quad zygoma for severe cases of complete dental oral atrophy.

The clinic was founded in 1995 and its main objective has always been to offer a solution to patients affected by severe atrophy and with specific pathology conditions, such as heart and kidney diseases.

Davo Institute's Director, Dr. Davo, is available for quotes and interviews.

www.institutodavo.com

About Mediterranean Healthcare Group

MHC is a Spanish organisation created to support international patients who want to benefit from the high quality and competitive prices of its healthcare system. The hospitals that they represent have been selected for their international recognition and their long experience in their specialist fields as well as for their compliance to high standards in technical equipment and medical team. Being a member of the MHC is a guarantee of quality, efficiency and good management.

MHC helps patients manage the whole process of booking and confirming medical specialist treatment, including hospital reservation and scheduling, patient pre and post- surgery care, rehabilitation and/or convalescence, and transport and lodging arrangements in Alicante.

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